



# The Watering Can

West Carleton Garden Club & Horticultural Society

## OCTOBER MEETING

TUESDAY, OCTOBER 10TH  
7:30-9:30PM\*

JENNIFER FARRIS

ON

"THE LOST LEGACY OF LANARK FRUIT TREES"

Plus: Fall Mini Show

AND

Perennial and Seed Exchange (Doors open 6:30 pm to place offerings) \*

Carp Memorial Hall, 3739 Carp Road

Members: Free; Guests: \$5



*A beautiful scene of Fall  
Sunflower Blooms. Photo  
courtesy of Gay MacQuarrie*

## OCTOBER SEED SWAP

We are excited to announce our fall perennial and seed exchange which will take place at the meeting. Donna Cook has once again prepared an info sheet, which is included on page 3 of this newsletter, for those looking for additional information on seed collecting best practices. Please bring your labelled potted plants and seed packages in to swap between 6:30 and 7:00 pm. \*

## MEMBERSHIP RENEWAL

It is membership renewal time once again. Please bring your cash or cheque (pto of West Carleton Garden Club) to our upcoming meeting, or send an e-transfer to [treasurer@wcgc.ca](mailto:treasurer@wcgc.ca). Dues are \$15 for a solo member or \$20 for a family. If you would like to send a cheque by mail, please send to Treasurer, Sheila Stumpf, at 202 Charlie's Lane, RR1 Carp, ON. K0A 1L0.

## OUR OCTOBER SPEAKER

**Jennifer Farris** is a local historian and the founder of the Lost Lanark Legacy Fruit Trees project. The purpose of the project is to collect information regarding local heritage apple, pear, plum and other fruit trees. Those planted in an old yard and forgotten, or those found sprouting and succeeding on the fringes of our lands. When "new" heritage varieties are brought to her attention through the project's website or social media pages, Jennifer's aim is to graft old wood to new in order to preserve the varieties before they become extinct.

[Click here](#) for the full schedule of WCGC speakers.

## OUR SEPTEMBER MEETING WITH ANNE BREAU

Anne Breau presented a very engaging talk and demonstration on Sogetsu Ikebana fall flower arranging at our previous meeting. Photos of her arrangements from the meeting can be seen to the right and left of this section.

The Ikebana International Ottawa Centennial Chapter's Annual Exhibition will be held at the Canadian Museum of Nature from the 9th to the 12th of November, 2023, after a 3-year hiatus. This unique partnership celebrated its 35th anniversary in 2019.

If you are interested in Sogetsu Ikebana, information and contact can be found at [www.ottawasogetsu.ca](http://www.ottawasogetsu.ca) or [ottawasogetsu@gmail.com](mailto:ottawasogetsu@gmail.com). You can also contact Leislle one of our WCGC members at [sogetsu@loly.ca](mailto:sogetsu@loly.ca)



## OCTOBER MINI SHOW

Bring a home-grown pumpkin or ornamental gourd to October's meeting for the *People's Choice Award*



*First place winning entries in the "Good Gourd" category (top), and the "Challenge Plant" category, Tithonia diversifolia (bottom)*

*Our President Brenda Baird's First place and "Best in Show" winning entry to the "Nature's Bounty" category in September 2023's Flower Show.*



## GROW TO SHOW: CUTTING FLOWER SPECIMENS

FLOWER SHOW TIPS BY GAY MACQUARRIE

Cut your flower stems at the length in which they grow in the garden. For example, if you are cutting Cosmos, include the long stem; including some foliage is fine but the secondary flower stalk or pedicel should be sturdy enough to hold the side flower or bud upright. Cosmos are one of the few flower specimens where a side flower or bud is acceptable. In general, buds are considered a bloom and, unless the show schedule asks for buds attached (such as with roses on occasion), they should be removed.

Also, if more than one specimen is called for, cut all the stems to the same length; this would include leaves such as Hosta leaves. Finally, display your specimens in a clear container (a pickle jar will do) in such a way that each bloom is displayed to its full advantage, i.e., the stems are not squished.



FALL 2023

# SEED COLLECTING



Collecting flower seeds & vegetable seeds from your favorite plants is a fun and rewarding pastime for both young and old. Growing plants from seeds is not only easy but also rewarding with little effort and cost. Seed harvesting provides an opportunity to preserve your beautiful garden flowers or vegetables to replant next year or share with family and friends.



## HARVESTING

Always harvest your seeds when they're dry. Around mid-day or early afternoon on a sunny day is ideal but try not to collect them when they're damp. Lay seeds out separately on newspaper which will help with drying.



## SAVING

Store dried seeds in a cool, dry place in a labeled envelope, airtight jar, or hand-made seed packets.

PLEASE include:

- **plant name**
- **plant height**
- **growing conditions (full sun or partial shade) and**
- **flower colour** if possible.



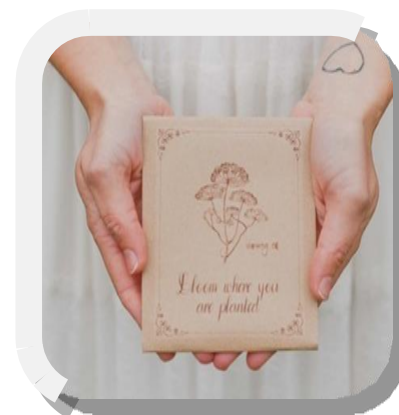
This will help our fellow growers see the final result.



## TRADING

A great way to receive new flower seeds for your garden is to **TRADE**. Passing along our flower and/or vegetable seeds to trade with family, friends and neighbour's is a great way in keeping unique plant species abundant and heritage plants moving forward with future generations.

Let's not stop at just seeds! **Dug up plants** are also a great way to make room for new plants and give our garden a fresh new look.



ENJOY TRADING  
By Donna Cook



# SEED EXCHANGE



# UPCOMING EVENTS AND PROMOTIONS



## DON'T PUT ALL YOUR SEEDS IN ONE BASKET!

2024's Seedy Saturday will be held on Saturday, March 9th. Please reserve some seeds to contribute to 2024's event as you walk around the garden to gather, dry, and identify seeds. As always, we are looking for annuals, perennials, veggies and natives, with native seeds being especially prized.

Please also save your unused plant pots (3-4 inch pots are preferred) for use at the kids' table during Seedy Saturday.



## 2024 OHA PHOTOGRAPHY COMPETITION



The Ontario Horticultural Association has announced the categories for their 2024 photography competition, details of which may be found [on their website](#). This year's competition is inspired by the 2024 convention's theme "The Heartland of Gardens Growing and Rivers Flowing."

**Entries must be emailed to the Photography Coordinator no later than 12 pm, May 1, 2024.** The 116th Convention will be held in Guelph, Ontario from July 12th to July 14th, 2024.